



September 2022



Mon

Tue

Wed

Thu

Fri

			1 Breakfast: Oatmeal, blueberries, 1% milk* Lunch: Chicken chili, corn bread, , melon, milk*	2 Breakfast: Cold Cereal, Banana 1% Milk* Lunch: WG Peanut Butter Sandwich, Cheese Sticks, cucumbers, orange slices, 1%
5 <i>Center closed</i>	6 Breakfast: Pancakes, blueberries, 1% milk* Lunch: Bean cheese burritos, corn, melon, 1% milk*	7 Breakfast: Cold Cereal, Bananas, 1% Milk Lunch: Chicken nuggets, mashed potatoes, broccoli, melon, 1% milk*	8 Breakfast: Waffles, blueberries, 1% milk* Lunch: HM– Mac and cheese, green beans, grapes, 1% milk*	9 Breakfast: Cold Cereal, Bananas, 1% Milk Lunch: Chunk lunch, veggie sticks, apple slices, 1% milk*
12 Breakfast: Cold cereal, Bananas, 1% Milk Lunch: Chicken patty/ bun, green beans, melon, 1% milk	13 Breakfast: WG English muffins, strawberries, 1% milk* Lunch: Cheese quesadillas, refried beans, orange slices 1% milk*	14 Breakfast: Cold Cereal, Bananas, Milk Lunch: Goulash , corn, grapes, 1 %milk*	15 Breakfast: WG French toast, blueberries, 1% milk* Lunch: Hot dogs, baked beans, apple slices, 1% milk*	16 Breakfast: Cold Cereal, Bananas, Milk Lunch: Peanut butter sandwiches, celery sticks, melon, cheese sticks, 1% milk*
19 Breakfast: Cold Cereal, Bananas, milk* Lunch: Chicken salad pitas, cucumbers, apple slices, 1% milk*	20 Breakfast: Breakfast burritos, bananas, 1% milk* Lunch: WG Grilled cheese sandwiches, tomato soup, melon, 1% milk *	21 Breakfast: Cold Cereal, Bananas, Milk Lunch: Tater tot casserole, rolls, broccoli, fruit cocktail, 1% milk*	22 Breakfast: Bagels, peanut butter, pineapple, 1% milk Lunch: Sausage pizza, green salad/tomato, grapes, 1% milk	23 Breakfast: Cold Cereal, Bananas, Milk Lunch: Tuna sandwiches, carrots sticks, oranges, 1% milk*
26 Breakfast: Cold Cereal, Bananas, Milk Lunch: Corn dogs, green beans, apple slices, 1% milk*	27 Breakfast: Oatmeal, strawberries, 1% milk* Lunch: Pulled chicken sliders, green, orange slices, 1% milk*	28 Breakfast: Cold cereal, banana, 1% milk* Lunch: Kabassa sausage, buttered noodles, apple slices, corn ,1% milk*	29 Breakfast: Scrambled eggs, WG toast, bananas, 1% milk* Lunch: Cheese goulash, celery sticks, melon, 1% milk*	30 Breakfast: Cold Cereal, Bananas, 1% Milk Lunch: Sloppy Joes, green beans, apple slices, 1% milk*

This institution is an equal opportunity provider